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Abstract

[illegible] : E cl[illegible]i e Brea feeding (EBF) ra e remain lo in bo h lo -income and high-income co[illegible]n rie de pi e World Heal h Organi a ion recommenda ion for EBF ill 6 mon h . Brea feeding ha been ho n o ha e a pro ec i e effec again ga roin e inal infec ion , among o her benefi . Large- cale in er en ion foc[illegible]ing on ed[illegible]ca ing mo her abo[illegible] brea feeding ha e he po en ial o increa e brea feeding pre alence, e peciall EBF, [illegible]p o recommended andard and al o o decrea e infan morbidi .

[illegible] : A ema ic li era[illegible]re earch a cond[illegible]c ed for RCT and q[illegible]a i-e perimen al [illegible]die comparing brea feeding ed[illegible]ca ion or [illegible]ppor o ro[illegible]ine care. The effec of in er en ion a ob er ed for e cl[illegible]i e, predominan , par ial and no brea feeding ra e . The ime in er al of in ere ere da 1, <1 mon h, and 1 o 5 mon h . O[illegible]come- pecific e idence a graded according o he Child Heal h Epidemiolog Reference Gro[illegible]p (CHERG) r[illegible]le [illegible]ing he adap ed Grading of Recommenda ion , A e men , De elopmen and E al[illegible]a ion (GRADE) cri eria and recommenda ion ere made from [illegible]die in de eloping co[illegible]n rie for incl[illegible]ion in o he Li e Sa ed Tool (LiST) model.

[illegible] : Af er re ie ing 4600 ab rac , 372 [illegible]die ere elec ed for f[illegible]ll e creening and 110 of he e [illegible]die ere finall incl[illegible]ded. S a i icall ignifican increa e in EBF ra e a a re[illegible]l of brea feeding promo ion in er en ion ere ob er ed: 43% a da 1, 30% a <1 mon h, and 90% a 1-5 mon h . Ra e of 'no brea feeding' red[illegible]ced b 32% a 1 da , 30% a <1 mon h, and 18% a 1-5 mon h . The effec of in er en ion on he ra e of predominan and par ial brea feeding ere non- ignifican .

[illegible] : Brea feeding ed[illegible]ca ion and/or [illegible]ppor increa ed EBF ra e and decrea ed no brea feeding ra e a bir h, <1 mon h and 1-5 mon h . Combined indi id[illegible]al and gro[illegible]p co[illegible]n eling appeared o be [illegible]perior o indi id[illegible]al or gro[illegible]p co[illegible]n eling alone. In er en ion in de eloping co[illegible]n rie had a grea er impac han ho e in de eloped co[illegible]n rie .

Introduction

acc ˎding he CHERG ada a i n f he GRADE echni e [27].

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F ˎ an c me i h m ˎe han ne d , e c n- d c ed a me a-anal i ing Re man 5.2 [28] and ˎe ˎ ed he Man el-Haen el led ˎela i e ˎi k (RR) and c ˎˎe nding 95% c nfidence in e˙ al (CI). He e˙ -

c n eling and die ed In e ne f a e-
ba ed ed ca i nal g am . 16 die ed f mal ed -
ca i nal cla e and 15 die ed in-h i al c n eling.
The e e h ee die ha ed c n eling f fa he a
he ima in e en i n.

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In Table 1, e e he ali a e men f b ea feed-
ing m i n in e en i n n EBF. A al f 66 die
e e incl ded f hi c me [11-14,17-22,32-87]. 27 f
66 die e e c nd c ed in de el ing c n ie . O e-
all, ed ca i nal in e en i n ignifican l inc ea ed EBF
a e a da 1 b 43% (RR: 1.43, 95% CI: 1.09-1.87), a <1
m n h b 30% (RR: 1.30, 95% CI: 1.19-1.42) and a 1-5
m n h b 90% (RR: 1.90, 95% CI: 1.54-2.34) (Fig e 2).

A da 1, bg anal e h ed ha indi id al
c n eling al ne led a 60% inc ea e (RR: 1.60, 95% CI:
1.04-2.48) hile he effec f g c n eling al ne
c mbined indi id al and g c n eling e e n n-
ignifican . S bg anal e f he le el f ca e
h ed ha e l e e ignifican nl f facili -
ba ed in e en i n . In de el ing c n ie , he e in e-
en i n led an inc ea e f 157% (RR: 2.57, 95%CI:
1.39-4.77) he ea a n n- ignifican effec a dem n-
a ed in de el ed c n ie .

F he <1 m n h in e al, bg anal e h ed
ha he effec f indi id al c n eling and c mbined
indi id al and g c n eling e e ignifican , i h
inc ea e f 31% and 27% e ec i el . Facili -ba ed
in e en i n e e f nd inc ea e EBF a e ignifi-
can l b 26% (RR: 1.26, 95% CI: 1.11-1.43) and c m-
bined facili and c mm ni ba ed in e en i n
h ed ignifican inc ea e f 31% (RR: 1.31, 95%CI:

feeding. 13 die had e ed hi c me [11,12,18, 20,36,42,46,52,58,61,72,76,85] and eigh f he e e c nd c ed in de el ing c n ie . O e all, ed ca i nal in e en i n had a n n- ignifican effec n ed mi-

Table 2 Summary of findings for the effect of breastfeeding promotion interventions on predominant and partial breastfeeding rates.

Table 2 Summary of findings for the effect of breastfeeding promotion interventions on predominant and partial breastfeeding rates. *(C d)*

11	8 RCT , 3 QE [18,19,45,52,61,66,71,72,76,85,88]	Variable follo p period ed in die . Recall cri eria ariable acro die (pa 24 hr, pa eek or pre io mon h). mo her in he in er en ion gro p ma ha e o er-repor ed feeding prac ice .	None of he die gge benefi . In ignifican he erogenei	5 of 11 die ere cond c ed in de eloping co n rie	Pooled re l for differen pe of in er en ion	112	151	0.88 [0.72, 1.08]	Fi ed effec me a-anal i ; in ignifican he erogenei Mo die ed indi id al co n eling and mo ere facili - ba ed.
: mode a e o come- pecific q ali									
20	11 RCT , 9 QE [18-20,36,42,45,47,49,51,52,59,61,62,71,72,76,80,85,86,89]	Variable follo p period ed in die . Recall cri eria ariable acro die (pa 24 hr, pa eek or pre io mon h). mo her in he in er en ion gro p ma ha e o er-repor ed feeding prac ice .	None of he die gge benefi . Significan he erogenei	9 of 20 die ere cond c ed in de eloping co n rie	Pooled re l for differen pe of in er en ion	524	578	0.87 [0.75, 1.02]	Random effec me a- anal i d e o ignifican he erogenei . Mo die ed indi id al co n eling and mo ere facili - ba ed.

In Table 2, e e he ali a e men f b ea - feeding m i n in e en i n n a ial b ea feeding. 24 die [18-20,34,36,42,

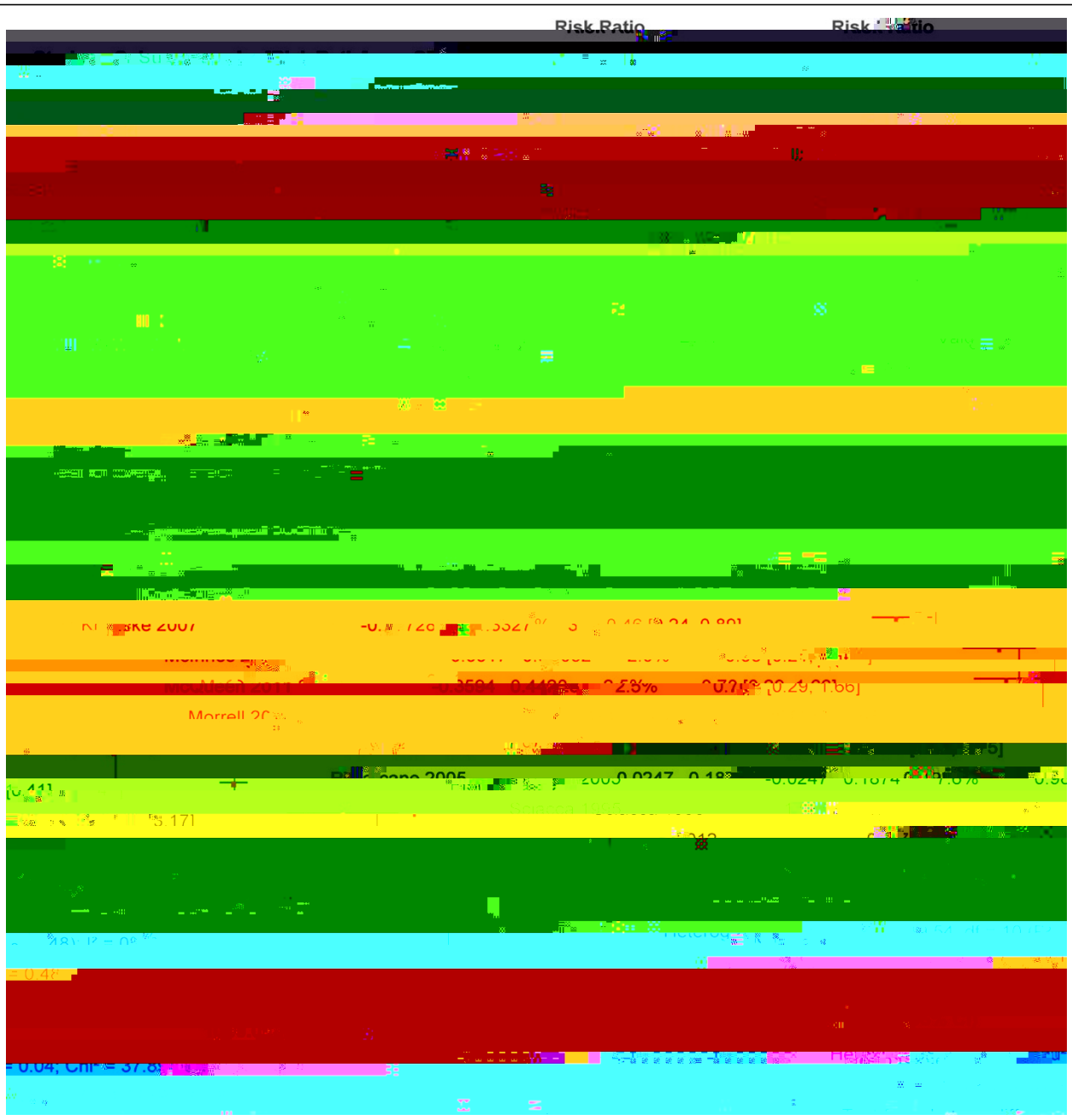

Figure 4 Effec of brea feeding ed ca ion on he ra e of par ial brea feeding for 1 o 5 mon h

g c n eling a n n- ignifican . Onl facili - ba ed in e en i n led a ignifican ed c i n f 52% (RR: 0.48, 95% CI: 0.34-0.69); he effec f c mm ni - ba ed and c mbined facili - and c mm ni -ba ed in e en i n e e n n- ignifican . In e en i n in b h de el ing and de el ed c n ie had ignifican e l , i h ed c i n f 42% (RR: 0.58, 95% CI: 0.44-0.78) and 27% (RR: 0.73, 95% CI: 0.57-0.95), e ec i el . A <1 m n h, bg anal e f e f c n eling h ed ha c mbined indi id al and g c n eling e l ed in a 34% dec ea e (RR: 0.66, 95% CI: 0.51-0.87), indi id al c n eling al ne e l ed in a 29% dec ea e (RR: 0.71, 95% CI: 0.61-0.84) and g c n eling al ne led a 29% dec ea e (RR: 0.71, 95% CI: 0.51-0.99) . In he bg anal e f le el f ca e, he effec f facili -ba ed in e en i n and c mbined facili - and c mm ni -ba ed in e en i n e e 32% (RR: 0.68, 95% CI: 0.56-0.83) and 33% (RR: 0.67, 95% CI: 0.54-0.83) e ec i el . The effec f c mm ni - ba ed in e en i n e e n n- ignifican . De el ing

Table 3 Summary of findings for effect of breastfeeding promotion interventions on 'no breastfeeding' rates.

								(95%)	
1: lo o come- pecific q ali									
38	21 RCT , 17 QE [11,13,14,17,33,36,37,44,49,59,63,64, 68-71,74,78,79,89-91,96,100,103,107,108,110,111, 113,117,120-122,124-127]	Variable follo p period ed in die . Recall cri eria ariable acro die (pa 24 hr, pa eek or pre io mon h).	Mo die gge benefi . Significan he erogenei	10 of 38 die ere cond c ed in de eloping co n rie	Pooled re l for differen pe of in er en ion	48026	39843	0.68 [0.54, 0.87]	Random effec me a-anal i d e o ignifican he erogenei Mo die ed indi id al co n eling and mo ere facili and comm ni - ba ed. Effec of benefi refer o decrea e in n mber no brea feeding.
<1 : lo o come- pecific q ali									
33	21 RCT , 12 QE [10,18,19,38,45,52,53,61,63,66,68,71-74,76, 88,90,91,93,95,98,99,101-103,106,113,117,118,120,124,128]	Variable follo p period ed in die . Recall cri eria ariable acro die (pa 24 hr, pa eek or pre io mon h).	10 of 33 die gge benefi . Significan he erogenei	4 of 33 die ere cond c ed in de eloping co n rie	Pooled re l for differen pe of in er en ion	770	1018	0.70 [0.62, 0.80]	Random effec me a-anal i d e o ignifican he erogenei . Mo die ed indi id al co n eling.
1-5 : lo o come- pecific q ali									
73	41 RCT , 32 QE [10,12,13,17-20,35,36,38,40-42,44,45,47,49, 51,52,54,58,59,61-64,67-69,71-74,76,78-83,86,90-93,95-99, 101,103-106,108-110,112-121,123,124,126,129,130]	Variable follo p period ed in die . Recall cri eria ariable acro die (pa 24 hr, pa eek or pre io mon h).	25 of 73 die gge benefi . Significan he erogenei	16 of 73 die ere cond c ed in de eloping co n rie	Pooled re l for differen pe of in er en ion	15473	17578	0.82 [0.77, 0.89]	Random effec me a-anal i d e o ignifican he erogenei Mo die ed indi id al co n eling.

c n ie h ed a ed c i n f 49% (RR: 0.51, 95% CI: 0.29-0.90) and in de el ed c n ie he e a a ed c- i n f 29% (RR: 0.71, 95% CI: 0.62-0.81).

F he 1-5 m n h in e al, bg anal e h ed a i icall ignifican ed c i n in 'n b ea feeding' a e f c mbined indi id al and g c n eling i h a ed c i n f 32% (RR: 0.68, 95% CI: 0.50-0.92), indi id al c n63400l

blinding and/ , all ca i n c ncealmen . A a i-e e, i-
men al , ial e, e al incl ded, m f hich did n
em l blinding, hi limi ed he ali f he e idence.
N nl a he, e me h d l gical he e, genei ac, .
die ba ed n d de ign, clinical he e, genei a
al b e, ed d e a, ia i n in e f in e, en i n
and he d , a i n f he in e, en i n, a, ge la i n
(diffe, ence in inc me and ed ca i n), c me defini-
i n (‘f ll ’

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